



DEAR FRIENDS

"Your job is not to judge. Your job is not to figure out if someone deserves something. Your job is to lift the fallen, to restore the broken, and to heal the hurting."

~Joel Osteen

Dear Friends,

June is one of our favorite months at Strong House. Our grounds seem to come alive with our plantings and we begin work on our elevated gardens. We get to spend time on our deck and also enjoy our new picnic tables! We will be honoring Eric Swenson with a special recognition ceremony on June 26th. He chose to raise funds and create the tables as his Eagle Scout project. He also donated and erected our new flag pole. The flag pole area will be a wonderful place to celebrate Flag Day on June 14th.

I would like to wish our van driver Reg Kitching lots of luck in his second retirement. Reg has been driving for us for 5 years and has been a valuable part of the Strong House Team. Not only did Reg transport our clients safely he also recently created a horseshoe court for them in our yard. He's our resident gardener who adds the special touches to our grounds and is eager to do any tasks asked of him. His kindness and generosity will be missed by all.

Best wishes,

Lori Murphy, RN

DID YOU KNOW

The Strong House is charitable organization that relies heavily on donations from families like you to continue and expand our services and programs. We would be thrilled if you choose to make a contribution or to leave a bequest. Call Lori at 203.245.0524 or go to our website: www.stronghousect.org to learn how you can help.

PERSON OF THE MONTH: ERNIE KAHL

Ernest Alfred Kahl was born in 1927, the second oldest of four boys, and lived in Wallingford. As a boy he had a paper route with over a hundred customers. Ernie left school without his degree and at 17 packed a duffle bag and set off for the Coast Guard in New London, CT hoping to sail on a ship to different countries. An old gentleman at the Coast Guard told him the only way he was going to get on a ship was to go to the Merchant Marines in Boston, so Ernie did just that. He spent the next few years traveling across the Atlantic visiting ports in France, England, Italy and Spain. The Captain thought Ernie would be capable of navigating the ship's wheel only to find out that Ernie had steered the ship in a complete circle. So much for that idea!



Ernie left the Merchant Marines and returned to Wallingford where he worked for the International Silver Company as a die sinker and met his sweetheart, Marion. When he was drafted into the Army during the Korean War he proposed to Marion and they married. Ernie was assigned to Fort Huachuca in Arizona and his company received orders to ship out to France, where they built bases and hospitals.

Once discharged, Ernie returned to the International Silver Company and he and Marion bought a home in Wallingford and raised their son and daughter. Ernie was employed for 40 years at International and several years at Pratt & Whitney in Southington until his retirement.

Since the age of nine, Ernie's hobby has been building model free flight planes. As an adult he went on to fly radio controlled planes, entering competitions and belonged to a model airplane club in Durham, CT.

Marion and Ernie's retirement was filled with time spent with their four grandsons, Chris, Ryan, Garrett and Connor, taking great pride in their accomplishments and showering them with their unconditional love.

Ernie and Marion moved to Old Saybrook with their daughter and her family in 2004 where Ernie still resides. Marion passed in August of 2015. Ernie loves his vitamin B (O'Doul's beer), reading model airplane magazines, watching old westerns on television and attending the Strong House where he loves to sing and share his quick wit and sense of humor.

REMINDER

When making your July 4th plans please plan to come down to the parade in Madison and cheer on Strong House staff!

Families are invited to join us at our recognition ceremony for Eagle Scout Eric Swenson on Mon., 6/26 at 1pm. Dessert will be served.

HAPPY BIRTHDAY

Sallie Goldschmidt 6/4

Deb Kling Morawski 6/5

Bob Schmalz 6/12

Adrienne White 6/16

Faith Fisher 6/25

We encourage you to send in a cake for the celebration!

RECREATION CORNER

As the weather improves, our monthly outings increase. We will visit Peregrine's Landing at the Shoreline on Wed., 6/7 to join them for musical entertainment. We also have two farm trips planned: Ray of Light Farm on Mon., 6/19 and Lavender Pond Farm on Wed., 6/28. We'll travel to the Guilford Docks on Wed., 6/21. Please be aware that we are not able to take everyone on all the trips. We take the client's interests, comfort level and safety into consideration when choosing attendees. CNA and Home Health Aide Day will be celebrated on Thurs., 6/15 and we will honor the Dads for Father's Day on Fri., 6/16. Tutters Treats will be visiting the Strong House a few times over the summer. They specialize in delicious soft serve organic ice cream. The truck will visit: Fri., 6/23, Fri., 7/21 and Fri., 8/25. If your loved one is interested in purchasing ice cream please send in \$3. Jackie, our hairdresser will be here on Mon., 6/26 and Linda, our massage therapist will visit on Fri., 6/30. Both are \$12. Please let staff know if interested.

If you have some free time and would like to volunteer helping our clients garden please let us know. We also welcome any donations of plants.

WELCOME NEW FRIENDS

Faith Fisher of Clinton

Bob Schmalz of Madison

Larry Lupone of Madison



**Have you "liked" us on Facebook yet?
See more photos, updates on our activities and relevant healthcare news.**

This program is supported by the Senior Resources-Agency on Aging with Title III funds made available under the Older Americans Act.



Strong House Adult Day Center

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StrongHouseCT.org