



DEAR FRIENDS

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

- Maya Angelou

It's hard to believe, but July has gone by so quickly! We had a blast at our Sock Hop. Part of the fun was wearing fashionable 50's style poodle skirts made by our own talented Claire! It was a "swell" time with great rock and roll music by Rodney and of course, dancing. This certainly was a highlight of the month. We look forward to a fun-filled August, please see the Recreation Corner section of our newsletter and calendar.

Mark your calendars for Sunday, September 16. We are planning the 2nd Annual Sunday Funday Fundraiser which will be held at the Strong House. This is a wonderful family event for us to gather and spend a relaxing and fun afternoon together. There will be food, refreshments, music, games and raffles and more! Invitations are being sent out and watch for flyers, too. We hope you can join us!
Stay cool!

Kate Blais, RN

PERSON OF THE MONTH: TOM HARRICK

Tom was born in Norwalk, CT in 1935. He grew up in Norwalk, where he met and married his high school sweetheart, Shirley, in 1954.

Tom took accordion lessons at age 11. He also learned to play steel guitar and keyboard/piano. Tom had a natural talent for music and played for many years in local country western bands in the Fairfield and New York area.

Tom learned new skills quickly and became a tool

and die maker at the age of 25. He worked for Burndy Corporation for over 40 years where he manufactured many different types of parts and prototypes using sketches and raw materials. He was very good at creating new things. He often made items that were needed around the house and for many different tasks and hobbies.



Tom and Shirley had four children together, three sons and a daughter. Two of his sons passed at a young age, however his oldest son Tom Jr. currently lives in Florida.

The family had many hobbies which included boating, camping and waterskiing. They spent many wonderful weeks every summer camping on Cockenoe Island, off of Westport, CT on Long Island Sound.

Tom enjoyed other hobbies including clock repair and flying model airplanes. Once the children were grown, Tom took lessons and obtained his private pilot license. He flew small planes out of Sikorsky Airport for enjoyment.

Tom and Shirley took several cruises together, including visiting some of the Caribbean Islands and Hawaii. They also bought a park model camper at Indianfield Campground where they spent many summers after retirement enjoying the lake and the outdoors.

Tom currently lives in Old Saybrook with his daughter Karen and his two grandchildren, Heather and Shane. He spends time relaxing at home with his little dog, Teddy.

IN MEMORY OF PATRICIA KNAPP

We express our deepest sympathy to the family of our beloved client Patricia Knapp, who passed away last month at the age of 77. We thank Patty's family and friends who chose to honor her by designating the Strong House as a recipient for donations made in her memory. Patty is very much missed by all of us here.

WELCOME NEW FRIENDS

Pat Russell of Guilford

Elsie Rielly of Guilford

Myra Day of Old Saybrook

HAPPY BIRTHDAY

Shirley Walker ("Mrs. D.") 8/4

George Lott 8/9

Howard Hathaway 8/31

We encourage you to send in a cake for the celebration!

RECREATION CORNER

As we head into the "dog days of summer" we will be enjoying music, out trips and visitors! August 3rd is a trip planned to Lavender Pond Farm for a tour of the beautiful fields, including the newly built covered bridge. On the 6th, we will have an intergenerational visit from Vista. On the 21st we will host the residents from the Shoreline of Clinton for a music program. Another trip is scheduled for Rose's Orchards on the 24th for ice cream(a crowd favorite), the farm stand and seeing the farm animals. The Barker Museum will be sure to spark some nostalgic memories, as it is home to over 80,000 antique toys and collectibles. Tutter's Ice Cream Truck will again be making a stop at the Strong House on the 31st to finish the month of August. Our massage therapist will also be here on the 31st, fee is \$12.00. Please let staff know if interested.



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This program is supported by the Senior Resources-Agency on Aging with Title III funds made available under the Older Americans Act.



Strong House Adult Day Center

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