



### DEAR FRIENDS

*"Autumn paints in colors that summer has never seen."*

~ *Unknown*

Dear Friends,

Our first fundraising event, Sunday Fund Day was a huge success! Coordinated by a group of passionate and hardworking former and present caregivers who planned the event in less than two months. All food, beverages, musical entertainment, raffle prizes, tent, and flowers were donated. Our volunteers went above and beyond in preparing for the event. They sprayed the yard to protect us from mosquitos, blew leaves, set up, cleaned up, and sold raffle tickets. One caregiver even created a Be Strong for Strong House t-shirt featuring a hand drawn image of her beloved husband (and our former client). She and another caregiver generously purchased 100 t-shirts for us to sell to raise additional, much needed funds (they are \$15 each and on display in our lobby, please let any on the staff know if you'd like to buy one). Besides the committees generous monetary donations we received many from those who were unable to attend but wanted to show their support. We surpassed our goal and raised \$17,500!

It was heart-warming to me and the staff to see how valuable the Strong House is to so many of you and our past clients. You are committed to keeping our quality services going for many years and we so appreciate your support. We're excited about future events this passionate committee will orchestrate to benefit our clients and caregivers. Besides being financially successful, the committee gave caregivers an opportunity to connect with people in similar situations, plus it was a lot of FUN! If you would like to assist in our future fundraisers we would be thrilled to have you! Please call me at 203.245.0524.

Sincere thanks to all who gave go generously and unselfishly. You are all Strong House Heroes!

With sincere gratitude,

Sincerely,

Lori Murphy, RN & staff

### COMEBACK KID OF THE MONTH: ALICE IMRICH

She may be little but she is certainly mighty! At 92 years young, Alice stands just 5" tall and weighs about 110 pounds. She has been a beloved client at Strong House for the past 4 years.

Recently Alice took a spill at home and fractured some bones in her spine. We all held our breath as the doctors contemplated what course of action to take. With cautious optimism it was decided she would be fitted for a custom back brace and undergo intensive PT and OT at Guilford House. Due to the seriousness of her injury we all hoped and prayed she would return to Strong House.



Fast forward 2 months and this little lady is bright eyed and bushy tailed albeit wearing a back brace but nevertheless walking through our doors with only the aid of a rolling walker!

Never one to complain about anything (except when encouraged to increase her fluid intake) Alice is back among her friends sharp as a tack and doing her word search, crossword puzzles, reading, chatting and taking part in a modified exercise program. "It feels great to be back! I missed everyone!"

Alice continues her PT and OT with VNA Community Healthcare and the doctors say she is healing. She hopes to be able to take off her body brace in the near future.

Her never give up attitude definitely epitomizes the slogan on our new tee shirts Be Strong for Strong House. She is our Super Woman! Welcome back Alice!

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## REMINDER

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Strong House will be OPEN on Monday, 10/9  
Columbus Day

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## FIGHT THE FLU

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Flu Clinic at Strong House on Thursday, 11/2 10:00-  
11:30 open to public.

Clients: please bring consent forms and insurance cards.

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## ON SALE

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Be Strong for Strong House t-shirts for \$15. All  
proceeds go to our programs. Send in your check or cash  
and specify what size you would like and we will send  
them home to you.

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## HELP WANTED

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Van Driver at Strong House. The ideal candidate should  
have experience working with the elderly and/or disabled  
adults. This is a part time driving position, flexible hours,  
working at least 12 hours per week, with the opportunity  
to work more. A valid CT Driver License with "F"  
Endorsement required. Please call 203 245 0524 if you  
are interested or send your resume to  
[jobs@vna-commh.org](mailto:jobs@vna-commh.org).

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## RECREATION CORNER

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We have recently added a Community Outreach Program  
where we will visit the residents of Madison House every  
two months. Our first trip will be Tues., Oct. 10th and  
we plan to paint pumpkins with them. In December we'll  
have a holiday sing-a-long. On Fri., Oct. 6th we'll travel to  
Rose's Orchard for ice cream and pumpkin picking. We'll  
return to Down the Lane Bee Farm on Fri., 6/13 and  
get to see how bees make honey. Our Halloween Party  
will be on Tues., 10/31 and all clients are encouraged to  
wear funny hats or a costume (if they choose). Jackie, our  
hairdresser will visit Mon. 10/2 and Linda, our massage  
therapist will be here on Fri., 10/27. (Both are \$12. Please  
let staff know if interested.)

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## WELCOME NEW FRIENDS

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Jackie Fasulo of Madison  
George Lott of Guilford

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## HAPPY BIRTHDAY

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Ernie Kahl 10/7  
Alice Imrich 10/8  
Ellen Lee 10/21  
Carol Ehlers 10/21  
Bill Laudano 10/26  
Tom Kablik 10/29

We encourage you to send in a cake for the celebration!



**Have you "liked" us on Facebook yet?  
See more photos, updates on our activities and relevant healthcare news.**

This program is supported by the Senior Resources-Agency on Aging with Title III funds made available under the Older Americans Act.



# Strong House Adult Day Center

546 Durham Road, Madison, CT 06443

203.245.0524

[StrongHouseCT.org](http://StrongHouseCT.org)