



### DEAR FRIENDS

*"Sweet April showers do spring May flowers."*

*-Thomas Tusser c. 1557*

Some say that spring is the most beautiful season. We are so looking forward to all this month of April promises. We'll be readying our deck, planning our flower beds, shedding winter coats and enjoying the long awaited warmth from the sun.

April is National Volunteer Appreciation Month! We can't let it go by without acknowledging our amazing and dedicated Strong House volunteers:

- Shirley Walker – 5 years
- Mary Lewis – 1 year
- Eileen Betz – 2 months
- Mary Wynne – 6 years
- Ann Person – 6 years
- Gerd Nelson – 5 years
- Gail Faithful – 4 years
- Dana Lindsley – 4 years
- Mary Hotchkiss and Bee – 5 years
- Howard Taylor and Miley + Chief – 18 months
- Andrew Le – 1 month
- Anna – 3 months

These folks give so much of themselves to make each of our days, weeks and months meaningful. We so appreciate you!

Our sincerest thanks,

Dani, Maureen, Wendy, Judy, Helen, Deb, Liz, Mike, Diane and Kate

### PERSON OF THE MONTH: BARBARA KLEIN

Before we turned our egg farm into a golf range, we first spent a year looking at others' ranges.

There were two parties who approached us about doing a range on the property.

We felt it was a good idea because we owned the

property. They backed away from the idea because they feared the cost of a lease or mortgage would make it unprofitable.

We have two unique features at the golf range. We have a moveable shed. We also looked at other ranges and most had dividers between the hitting spots. We decided not to do this and it hasn't been a safety problem.

My husband, Marty, gave up the egg farm business in 1983. Others had considered it for a church, but that didn't work out. My son is now looking at turning the property into a solar farm. If you like hitting golf balls, then do it now.

Marty and I did a lot of travelling over the years.

We went all over the world. We saw a lot of Europe, Tunisia, Nigeria and Ghana. We also went to Kyrgyzstan, Turkmenistan and Kazakhstan in Central Asia. Our trips to Africa and Asia were sponsored by organizations through which my husband and I acted as consultants to local poultry farmers. We also saw China. Other places we traveled to included Argentina and Chile, Peru and Bolivia in South America.

In addition, we had a mobile home which we drove all over the U.S. and Canada.

I have four children; three daughters and a son. I have nine grandchildren and eleven great grandchildren. I grew up in New York City,



where I went to Hunter College. I also attended UCONN and Rensselaer, earning a Master's Degree in Science. I worked at Sloan-Kettering doing research, before I married. My husband convinced me to give up my glamorous city life to come to Madison and work on a chicken farm. That way we were always together over the past 56 years!

Personally, I find it's good to have emotional balance when dealing with others and to try not to get over excited.

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## HAPPY BIRTHDAY

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Marge Franson	4/1
Mike Sipala	4/2
Christo Panayotov	4/6
Kate Blais	4/9
Lisa Funaro	4/16
Eileen Betz	4/16
Jeanne Dolan	4/24
Celesta Ulle	4/27

We encourage you to send in a cake for the celebration!

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## RECREATION CORNER

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Spring has sprung at the Strong House! The clients are gearing up for spring, decorating Easter eggs and planting seeds for our gardens. Art projects, musical entertainment, art history appreciation, pet therapy and cognitive games are all on tap for our enjoyment. Out trips include a trip to the Deacon John Grave House, scenic rides to spot the signs of spring and an outing to the Submarine Force Museum in Groton. Jackie, our hairdresser is available on Mondays for those who would like a haircut. Linda, our massage therapist will be here Friday, April 26. The cost is \$12.00 for each of these services, sign up with staff if interested. Please check your April activity calendar for all of our programs!

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## WELCOME NEW FRIENDS

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Celeste Sisk of Westbrook

Jeanne Dolan of Madison

Donna Chatterton of Chester

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## REMINDER

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The Strong House will be OPEN on Good Friday April 19th.



**Have you "liked" us on Facebook yet?  
See more photos, updates on our activities and relevant healthcare news.**

This program is supported by the Senior Resources-Agency on Aging with Title III funds made available under the Older Americans Act.



# Strong House Adult Day Center

546 Durham Road, Madison, CT 06443

203.245.0524

StrongHouseCT.org