



DEAR FRIENDS

“Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.”

~William A. Ward

Dear Friends,

In August we sent out satisfaction surveys to present and past clients. We were happy that 58% were returned. The comments were overwhelmingly positive and any suggestions made will be given serious consideration. 100% of those who responded stated that they would recommend the Strong House to others. This fact alone is a tribute to our hardworking dedicated staff. They are the ones who succeed in making Strong House a warm, friendly and caring place. Thank you for taking the time to complete this survey.

In 1983, President Ronald Reagan designated November as National Alzheimer’s Disease Awareness Month. At the time, fewer than 2 million Americans had Alzheimer’s; today, the number of people with the disease has soared to nearly 5.4 million.

Alzheimer’s affects people from all walks of life. As clients, we have had surgeons, nurses, teachers, engineers, attorneys, war heroes and artists. Each are affected differently by the disease so caregivers are faced with a variety of differing symptoms. Alzheimer’s has no current cure, but treatments for symptoms are available and research continues. Although current treatments cannot stop it from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer’s and their caregivers. The Alzheimer’s Association is the trusted resource for reliable information, education, referral and support to millions of people affected by the disease. Their Helpline is 1.800.272.3900.

In the month of November, we also recognize our caregivers. They are the unsung heroes who work tirelessly to keep their loved ones safe, happy and healthy. As a small token in celebration of the important work you do VNA Community Healthcare and Hospice will be sending a rose home to you.

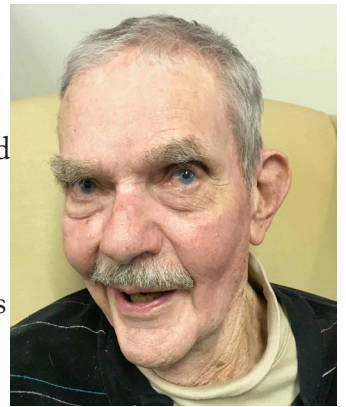
In an attempt to help make your life a little easier, VNA Community Healthcare and Hospice holds a family caregiver support group at the Madison Senior Center on the 3rd Tuesday of every month from 11:00 a.m. - 12:30 p.m. All are welcome to attend.

Have a wonderful Thanksgiving,

Lori Murphy, RN

PERSON OF THE MONTH: FRED FARNSWORTH

Our Person of the Month recently celebrated his 90th birthday! Fred Farnsworth of Guilford has lived and enjoyed water views, boating, fishing and bird watching since he moved to his beach location after his retirement at 70 years of age.



His earlier years were spent in Hamden, CT. Back in 1945, Fred joined the Navy and served on the USS Fall River during WWII. Upon Fred’s return, he attended University of CT where he met his wife, Grace. He graduated among the Class of ’51 with a degree in Business Administration. After graduation, Fred joined the family elevator business, Eastern Elevator Company, that was started by his grandfather, Frederick Benjamin Farnsworth in 1895 and continued to work there for many years.

Fred is Chairman Emeritus of the Faulkner Island Light Brigade and serves on the Board of Directors for the Community Investment Corporation, a small business loan organization for start-up companies. He is also a past president of the New Haven Kiwanis Club.

He reads both the NY Times and The New Haven Register daily which explains how he keeps up to date on all current issues. He walks the ramp outside his home every day for exercise. Weekends are often spent visiting elevator work job sites with his son, Paul and his family in North Branford.

After 59 years of marriage to his wife, Grace passed in 2010 after a brief illness. Fred has 3 children; (Susan, Paul and Nancy,) a daughter in law, and 7 grandchildren.

These days Fred enjoys Strong House, “the highlight of his week” according to his daughter Susan. He likes all the activities but especially the music and field trips. Fred’s fellow peers at Strong House are amazed at his trivia prowess and love his jokes and deep hearty laugh! You can’t hear it without joining him!

WELCOME NEW FRIENDS

Elly Evans of Madison

HAPPY BIRTHDAY

Diane Gauthier 11/15

Elly Evans: 11/16

We encourage you to send in a cake for the celebration!

BE A STRONG HOUSE HERO AND SUPPORT OUR FUNDRAISER

Be Strong for Strong House t-shirts are on sale for \$15. Beautifully designed and funded by two generous caregivers, the proceeds of the sale go towards our programs. Send in a check or cash and specify what size you would like and we will send one home to you.

RECREATION CORNER

Outings this month include a visit to Old Saybrook Recycled Furniture, Etc. owned by the daughter of our client, Sylvia. Last time they visited, our Strong House shoppers were surprised to see a table featuring items selling for 25 cents and hundreds of things priced under \$5.00!!! Of course, November wouldn’t be complete without a trip to Gozzi’s Turkey Farm to see their colorful turkeys. We plan to go there on Mon., Nov.20. Jackie our hairdresser will return Monday, Nov.20. Linda will not be here in November for massages but will come twice in December: Fri., 12/1 and Fri., 12/29...might be a good holiday gift for the person who has everything! (Both are \$12. Please let staff know if interested).

REMINDER

There will be a flu clinic at the Strong House on Thursday, Nov. 2 from 10:00 - 11:30 a.m. All are welcome. Please bring your insurance cards.

The Strong House will be CLOSED for Thanksgiving Thursday, 11/23

The Strong House is OPEN Friday, 11/24

Weather related closings will be posted on WTNH Channel 8 by 6:30 am. You may also call the Strong House for messages regarding our status: 203.245.0524.



**Have you “liked” us on Facebook yet?
See more photos, updates on our activities and relevant healthcare news.**

This program is supported by the Senior Resources-Agency on Aging with Title III funds made available under the Older Americans Act.



Strong House Adult Day Center

546 Durham Road, Madison, CT 06443

203.245.0524

StrongHouseCT.org