



DEAR FRIENDS

*“Health doesn’t always come
From medicine.
It also comes from peace of mind,
Peace of heart, peace of soul.
It comes from Laughter and Love.”
-Unknown*

Dear Friends,

We are all so grateful for all the holiday well wishes and generosity shown by all our wonderful families, clients, volunteers, donors, and friends. We truly are a “Strong House” family!

We recently wished our beloved director, Lori Murphy, a happy retirement. She will be enjoying her free time with her expanding family, as she awaits the birth of her second granddaughter. We appreciate her years of kindness and heartfelt leadership! But don’t worry, Lori has told us that she will still be involved, volunteering to support our future fundraising events and initiatives.

We’re confident that our Strong House family will remain in good hands. We look forward to a new chapter and happily welcome our new Director Kate Blais, R.N. to Strong House. She has previously managed an adult day center and will bring her expertise and compassionate leadership to all of us. Please stop by to meet her and welcome her to our family.

Happy & Healthy New Year!

From your Strong House team:

Dani, Maureen, Wendy, Judy, Helen, Deb,
Connie, Patrice, Mike C., Mike S., & Diane

PERSON OF THE MONTH: KATE BLAIS, RN

I’m thrilled to be part of the Strong House! I’d like to tell you a little bit about myself, but I hope we can meet in person soon.

I moved from upstate New York in 1993 to Madison, where my husband and I raised our two sons and daughter. We enjoyed the wonderful community spirit we found in town. My children are now grown and my husband and I currently live in Ivoryton. I’m happy to be back and working in Madison.



I have spent my nursing career in a variety of positions, including home healthcare and community mental health. For 10 years, I had the opportunity to own and operate a small adult day center. I found the work and involvement with the clients and families extremely rewarding and gratifying. I’m pleased to be back in in this warm, homey environment, working with the Strong House team to make the lives our clients brighter.

I’m very happy to be a part of the Strong House family and look forward to meeting each of you and learning more about your loved ones and how we can better serve them.

THANK YOU FOR DONATIONS

Your donations ensure that we provide unique and customized programming for our clients and we thank you for your ongoing generosity. Thanks to you, we recently purchased two much needed wheelchairs for our clients. You are helping to improve our clients' quality of life through quality program and now you have helped improve their safety and comfort. Thank you all.

SNOW DAYS

We will be posting closings on WTNH Channel 8 News by 6:30 am and will also put a message on our answering machine (203.245.0524). Our clients' safety is always our main concern, so if you are unable to clear your driveway or walkway of ice or snow, please notify us and we will reschedule the day.

REMINDER

We will be closed Monday, January 1st, 2018. Happy New Year!

We will be OPEN on Monday, January 15th, Martin Luther King Day.

RECREATION CORNER

Strong House will be busy this month with a variety of projects and programs. From Pet Therapy, to art projects, to cognitive games, and to everyone's favorite – music programs. While there are no set outings planned for January, we intend to sneak in a couple of impromptu trips to be determined, weather permitting. Jackie, our hairdresser will be here Monday the 8th and Linda, our massage therapist will be here Friday the 26th. Both are \$12.00 each. Let staff know if interested.

WELCOME NEW FRIENDS

Frank Cavallaro of Madison

HAPPY BIRTHDAY

Claire Demery 1/15

Mary Jane Gardner 1/04

Joan Rochette 1/05

We encourage you to send in a cake for the celebration!



**Have you "liked" us on Facebook yet?
See more photos, updates on our activities and relevant healthcare news.**

This program is supported by the Senior Resources-Agency on Aging with Title III funds made available under the Older Americans Act.



Strong House Adult Day Center

546 Durham Road, Madison, CT 06443

203.245.0524

StrongHouseCT.org